ParentingMontana.org

PARENTING MONTANA
TOOLS FOR YOUR CHILD'S SUCCESS

I Feel...

Angry	Frustrated	Happy	Sad	Scared

Aggressive	Agony	Anxious	Annoyed	Amused	Apologetic	Bashful	Blissful	Bored
Cautious	Concentrating	Confident	Confused	Crazy	Curious	Determined	Disappointed	Disapproving
Disbelieving	Disgusted	Ecstatic	Embarrassed	Enraged	Envious	Exasperated	Excited	Exhausted
Frightened	Full	Grief	Grossed Out	Guilty	Horrified	Hungry	Hurt	Hyper
Hysterical	Indifferent	Jealous	Lonely	Loved	Lovestruck	Meditative	Mischievous	Miserable
Negative	Nervous	Obstinate	Optimistic	Pained	Paranoid	Playful	Proud	Regretful
Relieved	Relaxed	Satisfied	Shy	Shocked	Sick	Silly	Smug	Surly
Surprised	Suspicious	Sympathetic	Tired	Thankful	Thoughtful	Undecided	Withdrawn	Worried